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Microdermabrasion: What Are the Risks?

There are very few risks involved in having a microdermabrasion treatment. In fact, one of the reasons the procedure has become so popular is that, compared to some other procedures, it is safe. There is little chance of suffering any side effects.

While this procedure can be safe for almost anyone, people who have very sensitive skin probably shouldn't have this treatment, because it might be too harsh for their delicate skin. And people with certain skin conditions tell the aesthetician or dermatologist about it beforehand. Microdermabrasion may not be recommended for those with certain skin conditions.

To avoid any risks, make sure the person giving you this treatment knows what they are doing. If you are having it done by a dermatologist, ask how long they've been doing the procedure. If you are having it done by an aesthetician at a local spa or salon, ask what kind of training they have had.

[Cav's Tip: Facial microdermabrasion is definitely good for the skin. Not only will your skin look healthier after a treatment, but it will actually be healthier. [Get all the details here.](#)

You can also find this article published on [Microdermabrasion: What Are the Risks?](#), and on the tag pages [microdermabrasion home](#).